

**Mental and Spiritual Health Resources
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June 2021**

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Depression: a Stubborn Darkness by Edwart T. Welch, 2004. 616.8527 Wel.
Down, Not Out: Depression, Anxiety and the Difference Jesus Makes by Chris Cipollone, 2018. 248.86 Cip.
Spiritual Depression: Its Causes and Cure by David Martyn Lloyd-Jones, 1965. 248.86 Llo.
When the Darkness will not Lift by John Piper, 2007. Audiobook, 248.86 Pip.
When I Don't Desire God by John Piper 2004. 248.4 Pip

Grief

A Grief Observed by C. S. Lewis, 1961. 242.4 Lew.
From Grief to Glory by James W. Bruce III, 2008. 248.845 Bru.
Good Grief: a Constructive Approach to the Problem of Loss by Granger E. Westberg, 1997. 155.937 Wes.
Grieving: a Beginner's Guide by Jerusha Hull McCormack, 2006. 155.937 McC.
Grieving the Loss of Someone You Love by Ray Mitsch, 2004. 155.937 Mit
Held by Abbey Wedgeworth. 2020. 248.866 Wed.
Ministering to the Mourning by Warren Wiersby. 259.6 Wie.
Safe in the Arms of God by John MacArthur, 2003. 248.866 Mac.
The Empty Chair: Handling Grief on Holidays and Special Occasions by Susan J. Zonnebelt-Smeenge, 2001. 155.937 Zon.
When Grief Comes by Kirk H. Neely, 2007. 155.937 Nee.

Mental Illness

Darkness is my Only Companion by Kathryn Greene-McCreight, 2015. 616.89 Gre
Hollow by Jena Morrow, 2010. 248.86 Mor

Physical Illness

Bedside Manners: a Practical Guide to Visiting the Ill by Katie Maxwell, 1990. 259.4 Max.
Being Well When We're Ill: Wholeness and Hope in Spite of Infirmary by Marva J. Dawn, 2008. 248.86 Daw.
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A Place for Weakness: Preparing yourself for Suffering by Michael Horton, 2010. Kindle and 248.86 Hor.

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Recovering from Unnatural Disasters by Laurie Kraus, 2017. 253.5 Kra.

Sickness, Suffering and Scripture by David Leyshon, 2008. 248.845 Ley.

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Where is God When it Hurts by Philip Yancy, 1977. 242.4 Yan

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